

Hi everyone!

Have you ever wondered how to save our planet? How we, young people, can prevent hurting Earth unintentionally? You just have to remember and follow a few fundamental principles. To help you with that, I've created a list of 10 major rules for an ecological lifestyle, listed below.

1. Turn off the tap, both when you brush your teeth and whenever you just use the bathroom. If you don't do so, you waste money and also the precious water from the Earth's natural resources.
2. Drink filtered water. The water bought in the supermarket isn't only less healthy, but also the bottles pollute our environment.
3. Don't leave the lights on when you leave your house. This wastes energy, which damages the environment.
4. Always throw rubbish into the bin, even if it's not yours. By doing this, you clean our planet.
5. Don't use plastic bags. You can easily buy material ones and use them while shopping.
6. Don't throw away the batteries and other toxic waste into random places. These substances have a strong and negative impact on plants and animals.
7. Be aware of your shopping. Buy just the amount of food you can eat.
8. Make sure you use organic cleaning products. The chemicals have a terrible influence on the environment.
9. Use low emission means of transport.
10. Plant trees.

Remember, being in harmony with nature equals a good life!

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